

Working Together at Awen

Fee schedule

Adult Initial Visit (Ages 13 and Up) – \$325 / 80-90 minutes.

Adult Follow-up Visit – \$150.00 / 40-50 minutes.

Child Initial Visit (Ages 0-12) – \$180 / 50 minutes.

Child Follow-up Visit – \$80.00 / 20-30 minutes.

Remedies and Medications

The price of medications or remedies is not included in the price of the visit, and is subject to 5% GST (unlike the visit price, which is GST exempt).

Before your visit

Please fill out the Consultation Package questionnaire as fully and honestly as possible. Even small details are important. Stress, mental, emotional and social aspects all play a role in your health. The information given to this clinic is completely confidential.

The day of your first visit

- If you are currently taking any prescription medications, please take them as usual.
- Any supplements and/or homeopathic remedies are best not taken the day of your first appointment. This ensures Keith can accurately assess the needs of your body.
- If your visit is in person, please bring any current prescription medications and supplements with you. It is important so that Keith can ensure harmony (and establish safety) between any supplements, homeopathic remedies and prescription drugs you may be taking.

When you arrive, please make yourself comfortable in the waiting area. Typically, first visits are between 80 and 90 minutes long (45-60 minutes for children). The first half of the visit is about getting to know you, your health history and health desires, etc. The second half consists of a short physical exam and a longer bioenergetic assessment. Together these components help create a treatment plan based on your individual desires and needs.

Cancellation Policy - 48 hours

If you are unable to keep an appointment, we ask that you change or cancel it at least **48 hours in advance**. You can do so 1) online, following the link from your booking confirmation, 2) by emailing Katie at clinic@awenhealth.ca, or 3) by calling the clinic line. If notice is not received 48 hours or more in advance, you will be charged for your visit, as that time has been reserved for you.

Client expectations

Keith enjoys working with clients who are highly committed to addressing any underlying blockages behind the symptoms they may have. To support clients' goals, he typically recommends a front-loaded approach. This means that treatment is deeply focused on restoring balance and may involve 4-12 remedies (depending on your condition and situation) until your body can maintain balance on its own.

At Awen, emphasis is placed on you accepting responsibility for your health. This includes informing Keith if your program does not suit your needs or expectations. The more we understand each other, the more individualized your care can be.

Client support

Katie Buemann manages the clinic schedule and administrative matters. She also is the creative and program director of our online courses and www.naturecodecommunity.com. Katie is a resident of the Lower Mainland and she works virtually. Katie can be reached at clinic@awenhealth.ca or by calling the clinic phone number. The best way to reach Keith is his direct email address.

Health support

Please email Keith directly for health-related questions. He does his best to respond to emails within 24 hours (except during offline times). If you do not receive a reply within this time frame, please resend your email.

Keith takes an email break each week between Friday at 5pm and Monday at 9am. If you email him during this time, you will receive an autoresponder that informs you on how urgent care concerns are handled. For several weeks a year, Keith goes completely offline to recharge. An autoresponder is set on his email during these times.

After your initial visit, you will receive an email that gives you access to an online client area containing various client resources, including an ebook, travel and acute care guidelines and other downloads. The website also further explains how distance client support works.

Clinic hours and remedy pick ups

If you would like to order a remedy to be shipped to you, please email Keith directly. If you are local to Comox and would like pick up a remedy from the clinic, please confirm an approximate time in advance by emailing Keith. Keith is generally in clinic Monday through Wednesday each week.

Please feel free to email any questions or concerns to clinic@awenhealth.ca.